

National Business Group on Health Honors Nemours Children's Health System with Best Employers for Healthy Lifestyles® Award

Nemours Recognized for Offering One of the Nation's Best Workforce Health and Well-being Programs

Jacksonville, Fla. (September 26, 2018) – The National Business Group on Health, a nonprofit association of more than 420 large U.S. employers, today honored Nemours Children's Health System for providing one of the best workforce health and employee well-being programs in the nation.

Nemours is among 49 U.S. employers that received the 2018 Best Employers for Healthy Lifestyles® award presented at the National Business Group on Health's Workforce Strategy 2018 Conference. Nemours received a Platinum Award for its **YOURHealth and WellBeing program**. This marks the first time that Nemours has received the Best Employers for Healthy Lifestyles® award.

Comprised of three areas – employee health, wellness and fitness – the Nemours YOURHealth and WellBeing program offers a holistic approach to support a variety of needs that associates may have on their journey to achieving optimal health, including physical, emotional and social well-being. Programming and support for YOURHealth includes a comprehensive wellness portal, activity challenges, health coaching, weight and stress management programs, CBT-I sleep therapy and free biometric screenings. The organization has focused on building a culture of health and wellness by utilizing internal communications, monthly management meetings and leadership forums to promote employee well-being.

"Nemours is a uniquely special place, and associate engagement is key to our Nemours True North goals. As a team, we strive to communicate to associates that it's not all about earning points, but about health, prevention and early detection," said Terri Young, Nemours' Senior Vice President of Human Resources. "We know our efforts are working. Over the last few years, our data shows health risk improvement in several categories.

Brian Marcotte, President and CEO of the National Business Group on Health, commented: "We congratulate Nemours and their leaders for their unique and innovative approaches to employee, family and community health and well-being. Nemours is among a growing number of companies who are on a path to integrate employee well-being into their workforce strategy to deploy the most engaged, competitive and productive workforce possible."

Winners of the 2018 Best Employers for Healthy Lifestyles® awards were honored in one of three categories: Platinum, for implementing a workforce well-being strategy with demonstrated results; Gold, for organizations with a strong commitment to holistic wellbeing and related metrics; Silver, for organizations with emerging well-being strategies, often with a focus on physical health.

About Nemours Children's Health System

Nemours is an internationally recognized children's health system that owns and operates the Nemours/Alfred I. duPont Hospital for Children in Wilmington, Del., and Nemours Children's Hospital in Orlando, Fla., along with outpatient facilities in six states, delivering pediatric primary, specialty and urgent care. Nemours also powers the world's most-visited website for information on the health of children and teens, KidsHealth.org and offers on-demand, online video patient visits through Nemours CareConnect. Established as The Nemours Foundation through the legacy and philanthropy of Alfred I. duPont, Nemours provides pediatric clinical care, research, education, advocacy, and prevention programs to families in the communities it serves. For more information, visit <https://www.nemours.org>.

About the National Business Group on Health®

The National Business Group on Health is the nation's only non-profit organization devoted exclusively to representing large employers' perspective on national health policy issues and helping companies optimize business performance through health improvement, innovation and health care management. The Business Group's mission is to keep its membership on

the leading edge of innovation, thinking and action to address health care cost and the delivery, financing, affordability and consumer experience with the health care system. Business Group members, which include 74 Fortune 100 companies, provide health coverage for more than 50 million U.S. workers, retirees and their families. For more information, visit www.businessgrouphealth.org.

<https://nemours.mediaroom.com/news-releases?item=122717>