

# Nemours Children's Health Honored for Promoting Well-being and Reducing Physician Burnout

Jacksonville, FL (Oct. 30, 2024) – Nemours Children's Health has earned recognition from the American Medical Association (AMA) as a Joy in Medicine™ health organization.

The prestigious AMA distinction is granted to organizations that meet the rigorous criteria of the [Joy in Medicine Health System Recognition Program](#) and acknowledges the nation's leaders in prioritizing proven efforts to enhance the well-being and professional fulfillment of physicians. The bronze level honor is valid for two years.



"The well-being of our patients and our workforce are core values of Nemours Children's Health. We are committed to creating and maintaining a supportive and collaborative environment for physicians and care teams," said R. Lawrence Moss, MD, FACS, FAAP, President and CEO of Nemours Children's Health. "It is an honor to have our health system recognized by the American Medical Association for prioritizing our caregivers."

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"At Nemours Children's Health, we take pride in our culture of wellness and support, which propelled to new heights the establishment of our Center for Associate Well-being in 2022," said Holly Antal, PhD, ABPP, Interim Chief Well-being Officer of Nemours Children's Health. "Our efforts go beyond providing resources and support to associates. We also focus on efficiency of practice at the work unit level to reduce associate burnout and stress. We are committed to giving our associates the opportunities they want to learn and grow while also supporting their mental health and wellness."

"Physicians are humans caring for other human beings, strained by factors beyond their control and challenged by the enormous expectations placed on them to continuously deliver high quality, compassionate care. There is no doubt change is needed, but what needs to change is not the doctors," said AMA President Bruce A. Scott, M.D. "A national movement is gaining momentum to transform health care work systems and fix the root causes of physician burnout. Health organizations that have earned the AMA's Joy in Medicine recognition are leading this movement with bold visions for redesigned clinical systems to foster professional well-being and support quality care."

"The goal of the Joy in Medicine Health System Recognition Program is to equip health systems with evidence-informed strategies that promote physician well-being," said Christine Sinsky, M.D., AMA vice president of professional satisfaction. "Reducing burnout requires health system leaders to invest in systems-based solutions that provide resources to match the demands placed on physicians. There is so much health systems can do to improve physician well-being while also improving patient care. We designed the Joy in Medicine Health System Recognition Program to provide leaders with an actionable road map to solutions that will help physicians and patients thrive."

Since its inception in 2019, the AMA Joy in Medicine Health System Recognition Program has recognized more than 100 organizations across the country. In 2024, a total of [62 health systems nationwide](#) earned recognition with documented efforts to reduce system-level drivers of work-related burnout and demonstrated competencies in commitment, assessment, leadership, efficiency of practice environment, teamwork, and support. These 2024 organizations join a strong cohort of currently recognized organizations from the 2023 program.

Learn more about the AMA Joy in Medicine Health System Recognition Program at [ama-assn.org/joyinmedicine](https://ama-assn.org/joyinmedicine).

## About Nemours Children's Health

Nemours Children's Health is one of the nation's largest multistate pediatric health systems, which includes two freestanding children's hospitals and a network of more than 70 primary and specialty care practices. Nemours Children's seeks to transform the health of children by adopting a holistic health model that utilizes innovative, safe, and high-quality care, while also addressing children's needs well beyond medicine. In producing the highly acclaimed, award-winning pediatric medicine podcast Well Beyond Medicine, Nemours underscores that commitment by featuring the people, programs and partnerships addressing whole child health. Nemours Children's also powers the world's most-visited website for information on the health of children and teens, Nemours KidsHealth.org.

The Nemours Foundation, established through the legacy and philanthropy of Alfred I. duPont, provides pediatric clinical care, research, education, advocacy, and prevention programs to the children, families and communities it serves. For more information, visit Nemours.org.

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<https://nemours.mediaroom.com/JoyinMedicine>