

Nemours Children's Health Fulfills First Part of Commitment to White House Conference on Hunger and Nutrition

Nemours provides KidsHealth.org nutrition and health information for parents, youth

WASHINGTON, DC (August 1, 2023) As part of the Nemours Children's Health commitment in collaboration with the White House Conference on Hunger, Nutrition, and Health, Nemours KidsHealth has created 10 actionable videos for parents about children's nutrition and well-being. The video content is free to all and available on Nemours [KidsHealth.org](https://kidshealth.org), a pioneer and leader in pediatric health content that has been trusted by millions worldwide for more than 25 years.



Nemours Children's four-part commitment was highlighted at the White House Conference on Hunger and Nutrition in September 2022. Nemours was the only pediatric health system recognized at the Conference. The comprehensive commitment is designed to help children and families access healthy food and learn more about nutrition and physical activity as well as disseminate tools and resources to other health systems. Specifically, the commitment states that Nemours will:

- Publish a Social Determinants of Health (SDOH) Implementation Guide to help other health systems identify and address SDOH, such as food insecurity, and utilize SDOH data to enhance primary prevention efforts and policy work.
- Scale the Nemours SDOH screening tool to additional Nemours service areas across the healthcare system including primary care practices in Florida, and in specialty and in-patient care as well.
- Expand the Nemours Cares Closets to more Nemours primary care locations to provide food and other essential items to families in need, and work with community partners to expand their backpack program, which provides children access to nutritious meals outside of school hours.
- Leverage Nemours [KidsHealth.org](https://kidshealth.org), a pioneer and leader in pediatric health content that is visited by nearly 180 million people a year, to develop and publish at least 10 new articles and share 10 videos, in English and Spanish, with health and nutrition-related content.

"During the summer months, good nutrition for kids and teens is even more important than during the school year," said Kara Odom Walker, MD, Executive Vice President and Chief Population Health Officer, Nemours Children's Health. "By providing these valuable videos from KidsHealth, a trusted source for millions of families, parents can prepare nutritious meals and ensure their children are growing up healthy and prepared for adulthood. This initiative is yet another example of how Nemours goes well beyond medicine to benefit children and families everywhere."

The 10 videos, now available free of charge, include useful information on nutrition, healthy eating tips, and general health and wellness in both English and Spanish. The topics are:

Handling Picky Eaters

<https://kidshealth.org/en/parents/pickyeatingtoddlers-video.html>

<https://kidshealth.org/es/parents/pickyeatingtoddlers-video.html>

About Healthy Weight

<https://kidshealth.org/en/kids/healthy-weight-movie.html>

<https://kidshealth.org/es/kids/healthy-weight-movie.html>

Losing Weight Brandon story

<https://kidshealth.org/en/teens/brandon-vd.html>

<https://kidshealth.org/es/teens/brandon-vd.html>

Helping Your Child Manage Anxiety

<https://kidshealth.org/en/parents/manage-anxiety-video.html>
<https://kidshealth.org/es/parents/manage-anxiety-video.html>

Helping Your Teen Get Enough Sleep

<https://kidshealth.org/en/parents/enough-sleep-video.html>
<https://kidshealth.org/es/parents/enough-sleep-video.html>

How Vaccines Can Help

<https://kidshealth.org/en/parents/vaccine-video.html>
<https://kidshealth.org/es/parents/vaccine.html>

What is Asthma?

<https://kidshealth.org/en/parents/asthma-basics.html>
<https://kidshealth.org/es/parents/asthma-basics.html>

Asthma Flare-Ups

<https://kidshealth.org/en/parents/asthma-flare-video.html>
<https://kidshealth.org/es/parents/asthma-flare-video.html>

Understanding Diabetes

<https://kidshealth.org/en/parents/understanding-diabetes-video.html>
<https://kidshealth.org/es/parents/understanding-diabetes-video.html>

All About Insulin

<https://kidshealth.org/en/parents/what-is-insulin-vid.html>
<https://kidshealth.org/es/parents/what-is-insulin-vid.html>

About Nemours Children's Health

Nemours Children's Health is one of the nation's largest multistate pediatric health systems, which includes two free-standing children's hospitals and a network of more than 70 primary and specialty care practices. Nemours Children's seeks to transform the health of children by adopting a holistic health model that utilizes innovative, safe, and high-quality care, while also caring for the health of the whole child beyond medicine. Nemours Children's also powers the world's most-visited website for information on the health of children and teens, Nemours KidsHealth.org. Nemours KidsHealth is a pioneer and leader in pediatric health content that has been trusted by millions worldwide for more than 25 years.

The Nemours Foundation, established through the legacy and philanthropy of Alfred I. duPont, provides pediatric clinical care, research, education, advocacy, and prevention programs to the children, families and communities it serves. For more information, visit [Nemours.org](https://nemours.org).

For further information: Che Parker, che.parker@nemours.org

<https://nemours.mediaroom.com/2023-08-01-Nemours-Childrens-Health-Fulfills-First-Part-of-Commitment-to-White-House-Conference-on-Hunger-and-Nutrition>